

7th Grade Health
Expectations and Guidelines
Miss Lennstrom

Expectations:

Health Education is a place where we have the opportunity to discuss issues that impact your life. You are expected to follow the Three C's in health class. These are Courtesy, Contributions, and Communication.

Discussion classes always reveal different opinions. Disagreement and debate are permitted as long as there is respect for others. Personal attacks and offensive statements will not be tolerated. Please, think before you speak and be considerate of others.

Attendance:

Prompt attendance and class participation will maximize your learning and affect your grade.

If you are out for band/chorus/field trip/music lesson etc., it is your responsibility to inform me prior to the event.

You are responsible for all work that you miss due to an absence. If you are absent the day of a test or a quiz, you are expected to make it up the next day in class.

Extra Help:

Extra Help will be available in Room 212 during 5th period every Tuesday and Thursday. Please let me know ahead of time if you will be attending Extra Help.

Supplies:

3 ring binder (1" - 1 ½") **OR** Sturdy Folder (you will be receiving many hand-outs)

Loose-leaf Paper

Pen and Pencil

Grading Policy:

Tests	25%
Projects	25%
Quizzes	20%
Classwork	10%
Homework	10%
Participation	10%

All assignments are expected to be neat, complete and on time. Late homework will not receive full credit.

Requirements:

Unit Exams

Current Events

Projects

Homework

Class Participation

Notebook Check (Quarterly)

Course Topics:

1. Mental Health and Wellness
2. Fitness and Nutrition
3. Drug Use and Abuse
4. Alcohol
5. Tobacco
6. Communicable and Non-Communicable Diseases
7. Sexually Transmitted Infections
8. Human Sexuality and Family Life